

TEACHING GUIDE FOR WORKING ON THE "1522, IGNATIUS OF LOYOLA IN MANRESA, THE MAN IN THE SACK-CLOTH" ILLUSTRATION

FOR 1st YEAR BACCALAUREATE STUDENTS

I. Introduction:

The aim is to work with our students on discovering Ignatian Manresa and looking more deeply at knowledge of Ignatius Loyola. The proposed tour of the Ignatian sites of interest in the city is an extraordinary educational opportunity.

The approach to the heritage and the history comprises a large part of the knowledge of a country and, therefore, its esteem and its identity.

This approach must be done rigorously, planning a serene, relaxed and restorative tour that creates the right environment for interiorisation, that helps us stimulate the personal growth of every boy and girl. Trips need to be considered to understand Ignatius as a person better, to look in depth at interiorisation and to enjoy the discovery.

The **"1522, Ignatius of Loyola in Manresa, the man in the Sack-Cloth"** illustration is a production by Jaume Gubianas, which takes us to places where Saint Ignatius lived transcendent moments of his deep inner transformation. Due to its simplicity and pleasing plasticity, this illustration is an invaluable tool for working with the students.

We suggest a walk that takes in the visit to Manresa and the discovery of Saint Ignatius with the support of the illustration to guide the itinerary.

1. Teaching objectives
2. Skills objectives
3. Activities
4. Self-assessment
5. Instructions and recommendations

FOR 1st YEAR BACCALAUREATE STUDENTS

1.- Teaching objectives:

- Take an in-depth look at the importance of the work of Saint Ignatius of Loyola in sixteenth-century society
- Know what happened on Ignatius' visit to Montserrat and Manresa in the 1522-1523 period
- Approach to heritage and history



1534/1540 – fundació de la Companyia
1556 – mort d'Ignasi
1603 – s'adequà l'entorn de la balma
1609 – beatificació
1622 – canonització



1623 – es tanca la cova
1660 – primer centre de EE
1666 – façana meridional de la cova
1727 – primera casa d'Exercicis
1750/1820 – construcció de l'Església
1896 – casa d'Exercicis actual
1968 – remodelació

“Manresas” of the world



- Increase the knowledge that they have of the Society of Jesus and of Ignatian teaching
- Work on interiorisation

2.- Skills objectives:

During the proposed activity, a series of cognitive skills are worked that mean the achievement of the following basic skills:

- Ability to learn to learn
- Communicative ability
- Cultural and artistic ability
- Autonomy and personal initiative
- Digital ability
- Social and citizenship ability

3.- Activities:

3.1.- Before visiting Manresa:

Prepare the trip: travel, itinerary, what you need to bring, etc.

Students' motivation: arouse curiosity, foster participation, initial ideas of what they know, what they want to learn, information search, etc.

3.1.1.- To situate yourselves, read the "Who was Ignatius of Loyola?" and "What did he do?" sections on the back of the illustration.

3.1.2.- Research and answer the following questions:

- Which sides opposed each other in the siege of Pamplona? Why?
- What are the Spiritual Exercises?
- Why did Ignatius return from the Holy Land if his intention was to stay there?
- Why did he decide to study?
- Why was he imprisoned by the Inquisition?
- Why did he decide to continue his studies in France?
- Why were Ignatius and his companions unable to return to the Holy Land?

3.2.- During the visit to Manresa:

3.2.1.- We will go on a tour of the most emblematic places of Saint Ignatius' stay in Manresa. You need to follow the instructions on the illustration. The tour should be adapted to the possibilities of the group. It is important to offer an introduction that places the students in the historic setting of 1522.

Create moments of interiorisation, of silence, of personal and/or group reflection.

3.2.2.- We will finish at The Cave building (comprised of the House of Spirituality, the Sanctuary and the Lluís Espinal Centre), where we will visit the little cave, which is what is left of the cave where Ignatius took refuge to pray and meditate.

4.- Self-assessment:

As a final, self-assessment activity, answer the following questions:

- Have you improved your knowledge of the figure of Ignatius of Loyola?
- Have you discovered the places where he moved about the city of Manresa?
- Has anything surprised you while you were doing the activity?
- Do you think that Ignatius' stay in Montserrat and Manresa was very important and influenced him in founding the Society of Jesus 17 years later? Why?
- Do you think that in 2022 we should celebrate the 500th anniversary of Ignatius' arrival in Manresa?
- What do you think of the activity proposed?
- You can now give your opinion on any subject that you think you should give your opinion on and that has not come out in the previous questions.
- How did you feel? What emotions have you had? What do I take away with me?

Material: "1522, Ignatius of Loyola in Manresa. The Man in the Sack-Cloth" illustration by Jaume Gubianas.

5.- INSTRUCTIONS AND RECOMMENDATIONS:

- Activity of special interest for working on interiorisation
- Foster debate and reflection
- Possibility of extending the tour: guided tours, museums, itineraries proposed by Manresa City Council, etc.
- Type of route that can be adapted to all groups' needs.
- Family tour option, based on the proposals of Manresa City Council: guided tours, itineraries, etc.
- Discover the work of Jaume Gubianas and the world of illustration