



**Manresa Turisme**  
*La ciutat d'Ignasi*



ENG

- TOUR GUIDE -

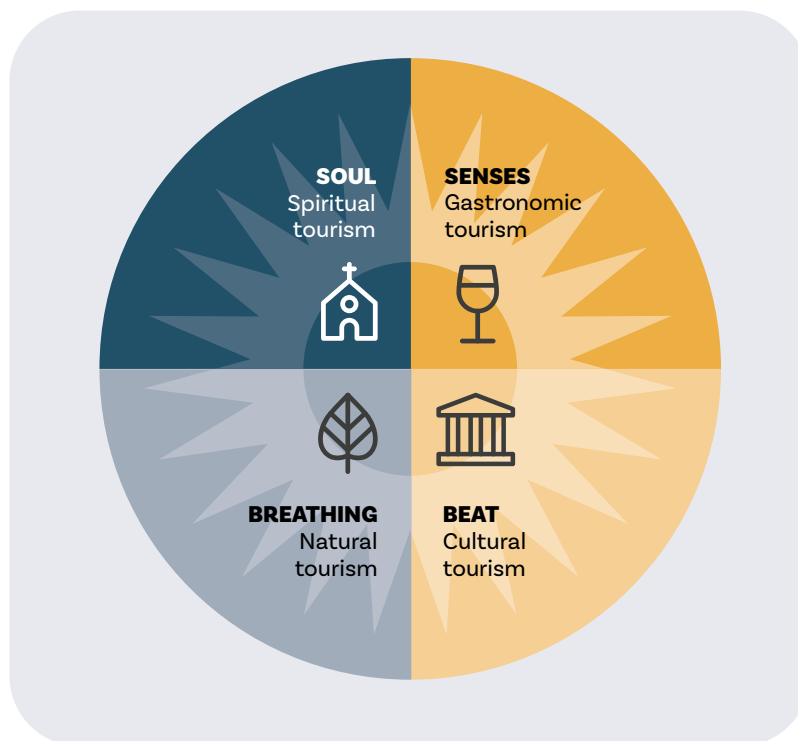






## HOW DOES THIS GUIDE WORK?

The following pages contain all of Manresa's tourist information organised into 4 areas:



## MANRESA

### INSPIRING CITY

Manresa is nestled in the centre of Catalonia, next to Montserrat and very close to Barcelona, and offers visitors an exciting start to their route from the Heart of Catalonia. From the Basilica of la Seu, an outstanding example of the best Catalan Gothic architecture, to unique medieval spaces such as the Balç Street or the important legacy of Saint Ignatius, Manresa is an ideal starting point to discover Catalonia's culture and history. Nowadays, Manresa greets visitors with the same warm welcome that it gave to Sant Ignatius of Loyola 500 years ago.

The saint underwent a profound transformation in Manresa, which was fundamental in the future creation of the Society of Jesus, which is known throughout the world. The city still preserves this inspiring, peaceful, soulful legacy today.

Manresa is also a bustling city, with a lively commerce and a varied and rich offer of food and wine, and capital of the Pla de Bages denomination of origin.

Culture, sport, nature, wine tourism and spirituality drum the same beat in Manresa, which is the heart-beat of an inspiring city.

***Will you come with us to find out more about it?***









**MANRESA**  
**TRANSFORMS (YOU)**  
*Transforms*

Five hundred years ago, Manresa welcomed Ignatius of Loyola, a pilgrim who found inspiration in the city after a profound personal crisis that transformed him.

Its landscapes, people and light triggered a profound change in him, which led him to find his destiny, culminating in the foundation of the Society of Jesus, which is present today all over the world.

The city of Manresa is capable of transforming a character who became a saint and turning it into a world pilgrimage site. It provides visitors with multiple options to connect with oneself, to rediscover inner peace, silence and inspiration, whether in the urban environment or enjoying its fascinating natural surroundings. Manresa, inspires. Manresa, transforms.

# Inspires

## MANRESA INSPIRES YOU

Strolling through Manresa is about taking a trip through over a thousand years of history. Its most emblematic monument, the Basilica of la Seu (14th century), is one of the most outstanding examples of Catalan Gothic architecture. This is the work of Berenguer de Montagut, who also designed, among others, Santa Maria del Mar in Barcelona.

La Seu stands out for its vastness, stained glass windows and the important collection of Gothic altarpieces inside. From the medieval era, we also find the unique Balç Street, a covered street from the 14th century where visitors can take a real trip back in time. Baroque architecture is equally present in the city. The Cave is the prime example, followed by the Baroque Museum of Catalonia, which exhibits a large regional and national collection from this period. Also noteworthy are the Town Hall building and the various manor houses such as Asols House or Oller House.







## SOUL Spiritual tourism

### WHAT CAN YOU DO?

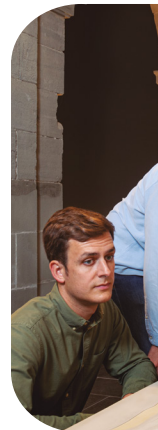
#### MUST-DOS

- Visits to La Seu
- Visits to the Cave of Saint Ignatius
- Sóc Manresa. Pathway to work on values
- Guided tours of Ignatian Manresa
- Last stretch of the Ignatian Way
- Petjades en clau de sol: Walks along the Green Ring with musical accompaniment
- Manresa Endins. The city that transforms (you)

#### EVENTS

- Sons del Camí. Music festival with soul (July)
- Quinze-Vint-i-Dos Series Creative discussions between artistic disciplines (November)

Check the timetables and dates at [www.manresaturisme.cat](http://www.manresaturisme.cat)









**BEAT**  
Cultural tourism



## WHAT CAN YOU DO?

### MUST-DOS

- Visits to the Baroque Museum of Catalonia
- Visits to the Interpretation Centre of Balç Street
- Visits to other museums in Manresa: Manresa 1522 Exhibition, Water and Textile Museum, Geology Museum
- Guided tours: Manresa, cor de Catalunya, Baroque Museum...
- Theatre schedule at the Kursaal in Manresa
- Personalised tours and tastings

### EVENTS

- L'Aixada Fair (February)
- Mediterrània Fair (October)









## SENSES

### Gastronomic tourism

#### MANRESA MAKES YOUR SENSES TINGLE

As the capital of el Bages, Manresa is also the wine capital of the Pla de Bages denomination of origin. The denomination is made up of 17 unique wineries, each with its own character but with common features that give personality to the wines of the region: vineyards surrounded by forest, which add an aroma and texture to the wines; small and family wineries, with a long-standing tradition and love for the territory; regional varieties and with a unique heritage in the world: dry stone constructions.

Everything is rounded off with a range of attractive, quality wine tourism options that make a visit to el Bages, and Manresa as its capital, a place where you can breathe in the scent of wine.

Good wine cannot go without good food. Manresa is home to a wide range of gastronomic delights to choose from, which are based primarily on the local produce, including tomatoes and white aubergine, cheeses, such as Montserrat cottage cheese, and cod as the city's star dish. Everything is seasoned with olive oil made from local varieties such as verdal manresana and corbella.

## WHAT CAN YOU DO?

### MUST-DOS

- Bages Wine Route
- Visits to the wineries of the Pla de Bages denomination of origin
- Guided tours in Manresa with wine tasting

### EVENTS

- Ignatian Way Gastronomic Events (March)
- Vi-Ba Fair (June)

Find all the gastronomic options at [www.manresaturisme.cat](http://www.manresaturisme.cat)











## BREATHING Natural tourism

### MANRESA, COME AND BREATHE

Manresa perfectly combines urban and the natural environments. In less than half an hour's walk from the city centre, you can savour a fascinating landscape along with its green routes. From the Lluvià Tower, a modernist tower located in the middle of nature, you can discover the main routes of Manresa's Green Ring, made up of forests, gorges, cliffs, streams and dry stone.

The Séquia Canal, a medieval irrigation canal, has been bringing water to Manresa since the 14th century and today it is an accessible, pleasant and adapted natural path for all levels, as it has only a 10-metre gradient over 26 km.

The Séquia, which starts in the town of Balsareny, and ends at Agulla Park, is a green park with a large lake from where you can enjoy impressive views of Montserrat.

Whether it's on foot, by bike, or Nordic trekking... Manresa and its surroundings are looking forward to welcome you!

**More information and reservations at**  
[www.manresaturisme.cat](http://www.manresaturisme.cat)







## WHAT CAN YOU DO?

- Nature guides through the Green Ring.
- Guided visits to the Lluvià Tower.
- Séquia Park.
- Ignatian Way.
- Saint James Way and Oliva Way.
- Cycling routes along the Green Ring.



## MANRESA IGNATIAN WAY

Manresa is the host city of the Ignatian Way, a path that begins in Loyola, in the Basque Country, and follows the steps taken by Ignatius of Loyola in 1522.

It is a path made up of 27 stages, from Loyola, in the Basque Country, to Manresa. Important sanctuaries and pilgrimage sites such as Arantzazu, El Pilar, Montserrat and the Cave of Saint Ignatius of Manresa are visited along the Way.

On foot, by bike, in motorised transport, in a group, alone or accompanied by specialised guides, the Ignatian Way aims to help you find yourself, just as Saint Ignatius did in 1522 in our city. Manresa is therefore the end of a road but it means the beginning of a new personal journey for everyone who takes it.



**Manresa Turisme**  
*La ciutat d'Ignasi*



Inaziotar Bidea  
Camino Ignaciano  
Camí Ignasià  
Camiño Ignaciano

## WHAT CAN YOU DO?

### MUST-DOS

- Ignatian Way.
- Guided tour “Manresa universal. La ciutat de Sant Ignasi”.

### EVENTS

- Pilgrim's March (April)
- Ignasiana BTT (September)
- Montserrat - Manresa night walks

All information at: [www.manresaturisme.cat](http://www.manresaturisme.cat)

*ignatian*

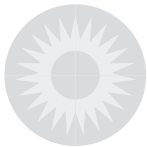




*way*



## MANRESA, A COMMERCIAL SECTOR WITH A PULSE



Manresa has a first class shopping area, which is a benchmark in Central Catalonia. From Major Square and the surrounding area, down Sant Miquel street to the first stretch of Passeig Pere III, you'll find fashion shops, designer clothes, shoes shops, household appliances, jewellery shops, pastry shops, household linen... and much more!

What's more, the city has a network of collaborating establishments that are familiar with Manresa and el Bages' tourism options and will help you with everything you need!

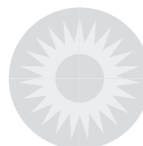
Find out more about them at: [www.manresaturisme.cat](http://www.manresaturisme.cat)

**Come and shop at the Manresa shopping area!**

**You will find everything you are looking for!**







**MANRESA,  
ACTIVE ALL YEAR**

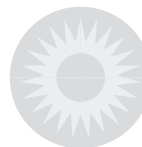
*Celebrations and events are held throughout the year to turn a visit to the city into an unforgettable experience!*



**Calendar**

- January The Three Wise Men Procession
- February Festival of Lights and l'Aixada Fair
- March Ignatian Way Gastronomic Events
- April Pilgrim's March
- May ExpoBages - TecnoBages
- June ViBa Fair. Bages Wine Fair
- July Festivities of Saint Ignatius, Sons del Camí and Bages Tomato Festival
- August Manresa's annual festivities
- September Ignasiana BTT
- October Mediterrània Fair and Ecoviure
- November Saint Andrew Fair and Quinze Vint-i-dos Series
- December Saint Lucia Fair and Campi Qui Jugui

*visits*



## **GUIDED TOURS**

Manresa Turisme has a wide range of guided tours on offer, whether you come with the family, as a couple or with friends on weekends, or as an organised tour on any day of the week.





### Visits to the Interpretation Centre of Balç Street

- Monday at 10 am, 11 am, 12 pm and 1 pm
- From Wednesday to Friday at 10 am, 11 am, 12 pm, 1 pm and 5 pm
- Saturdays at 11 am, 12 pm and 5 pm
- Sundays and public holidays at 11 am and 12 pm

### The mystery of Balç Street (Escape Room-inspired family visit):

- From Wednesday to Friday at 6 pm
- Saturdays at 10 am, 1 pm, 6 pm and 7 pm
- Sundays at 10 am and 1 pm

### “Manresa Cor de Catalunya”, a guided tour of the most iconic spaces in the city. Tours in Catalan, Spanish or English (prior reservation essential)

- From Wednesday to Saturday.
  - From October to June, at 11 am
  - From July to September, at 10:30 am
- More information and reservations at [www.manresaturisme.cat](http://www.manresaturisme.cat)**

### Guided visit to the Baroque Museum of Catalonia

- Saturdays at 4:30 pm
- Sundays at 11 am
- Arranged visits with prior reservation

### Guided tour to Manresa 1522 Exhibition: the city of Saint Ignatius

- Saturdays from 10 am to 2 pm and from 5 pm to 8 pm
- Sundays and public holidays from 10 am to 2 pm

### Visits for organised groups

- Guided tours can be organised in any language, any day of the week and fully personalised, subject to prior booking at the Tourist Office!

**Contact us and we will let you know!**  
[comercial@manresaturisme.cat](mailto:comercial@manresaturisme.cat)



*city with character*



## **MANRESA, PAIRING WITH THE LAND**

Manresa's prime location and its proximity to important tourist resources in Catalonia, makes it easy to combine your stay with Montserrat, Cardona, Sant Benet or the wineries of the Pla de Bages denomination of origin. In addition, Manresa is the capital of the World Geopark of Central Catalonia, endorsed by UNESCO.

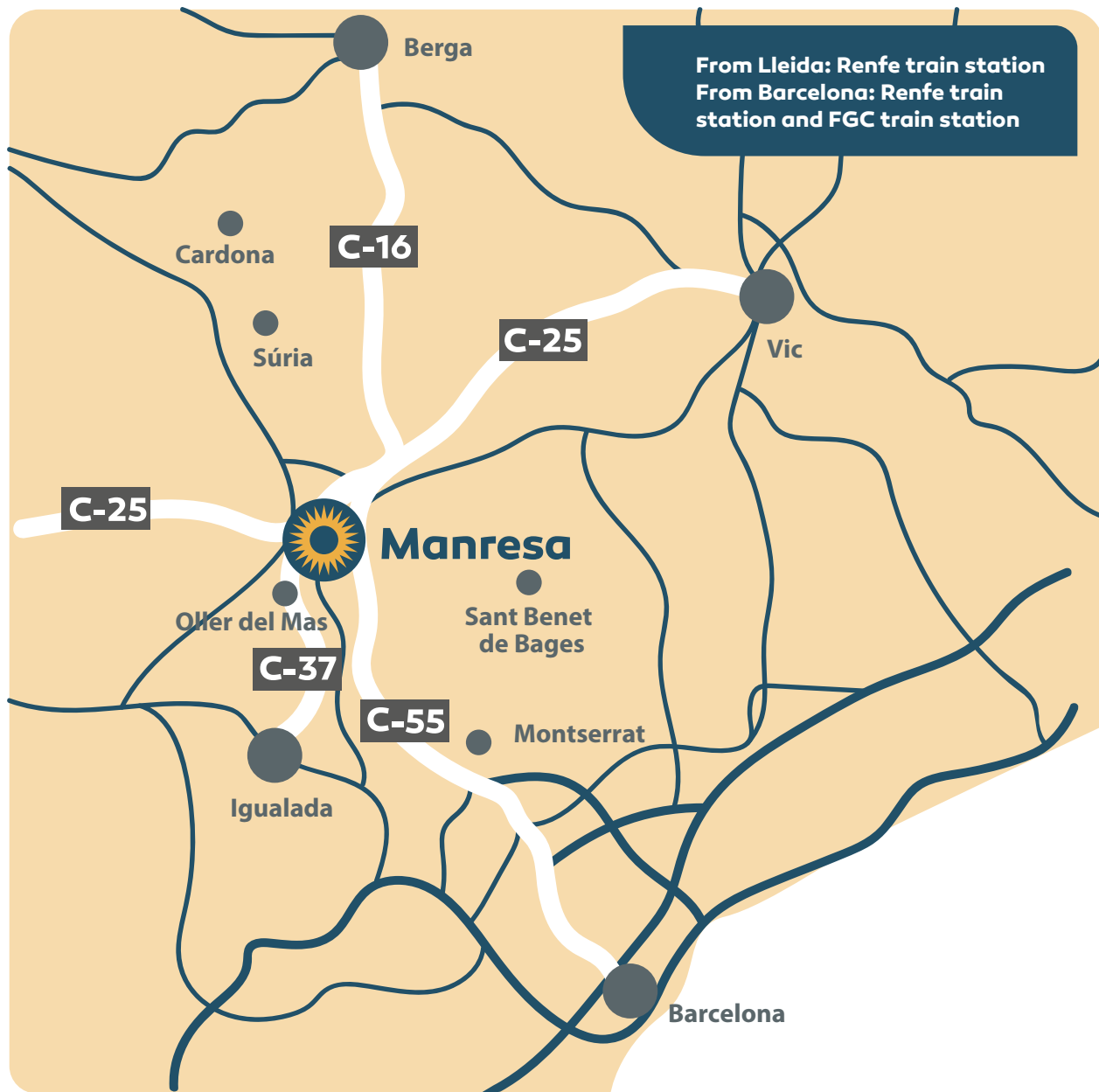
Geoparks are based on geological resources of global interest, in the case of Central Catalonia, thanks to the existence of an inland sea more than 40 million years ago, which shaped the territory and which has generated important geological resources such as the Toll caves in Moià, the Salt mines in Cardona or the Collbató Caves.

## **MANRESA, CITY WITH PERSONALITY**

The capital of el Bages is part of the "Ciutats i Viles amb Caràcter" (Cities and Villages with Character) brand, which encompasses medium-sized cities in Catalonia with the common denominator of authenticity, a unique history and heritage as well as a diverse range of tourist services. Manresa is also part of "Paisatges Barcelona" (Barcelona Landscapes).

Capital of el Bages Wine Route Manresa is an ideal starting point to discover and enjoy el Bages Wine Route, which includes everything the region has to offer in terms of wine tourism.





# OFFICE TOURISM

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#manresacordecatalunya  
#laciutatdignasi  
#visitmanresa  
#manresabatega

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**MANRESA**  
Cor de Catalunya



**Ajuntament  
de Manresa**

Fundació  
Turisme i Fires  
de Manresa



tutats amb caràcter



**Paisatges  
Barcelona**



**Diputació  
Barcelona**

**GeoParc**  
Mundial UNESCO  
de la Catalunya Central



Organisme de les Illes Balears  
Departament de Turisme i Fires  
de la Generalitat de Catalunya  
la Generalitat de Catalunya  
la UNESCO



**Inaziotar Bidea**  
Camino Ignaciano  
Cami Ignasià  
Camino Ignaciano

